

WE WILL ALWAYS HAVE A SWEET SPOT FOR HOME. AMONGST THE CRAZIEST TRAVEL EXPERIENCES, IT ALWAYS STRIKES US WHEN A PLACE FEELS LIKE THE MOTHER LAND. SO THAT'S WHAT WE AIM FOR. MAKING YOU FEEL HOME, BECAUSE AFTER ALL NATURE IS HOME TO EACH OF US. WELCOME IN THE SANCTUARY WE CREATED TO REMIND US THAT NATURE IS THE PROVIDER OF EVERYTHING.

-DESA EKO TRIBE

the botanist

all day breakfast

SOURDOUGH TOAST & HOMEMADE JAM (VEGETARIAN) 45 Three slices of sourdough toast, homemade strawberry jam, butter, side of fruit **VEGE BREAKFAST** (VEGETARIAN) 80 Tofu scramble, sautéed mushrooms & seasonal greens, baked pumpkin, sourdough toast, homemade smoked tomato sauce **BIG BREAKFAST** 90 Two eggs your way, crispy bacon, sautéed mushrooms & seasonal greens, hashbrown, sourdough toast, homemade ketchup **EGGS BENEDICT** 85 Classic eggs benedict, crispy bacon, holladaise, sautéed mushrooms & seasonal greens, served on a toasted english muffin. \star coconut bacon available on request. WHOLEGRAIN PORRIDGE (VEGAN) 55 Red rice, oats, plant based milk, dried fruits ADD ON ITEMS 25 Cheese, Bacon, coconut bacon, Hashbrowns, Sautéed Mushrooms, Avocado, Side of Fruit, Sourdough Toast 2 pieces, rosemary pumpkin

smoothie bowls

ISLAND (VEGAN)	/5
frozen mango, banana, papaya, homemade granola, chia	
SPIRULINA (VEGAN)	75
banana, spinach, mango, strawberry, homemade granola	
CHOCOLATE PB (VEGAN)	75
banana, peanut butter, raw cacao, maca root, chia seeds	

PLEASE NOTE;

TCLAND (VECAN)

PRICES ARE SHOWN IN THOUSAND OF RUPIAH (.000)
PRICES ARE SUBJECT TO 10% GOVERNMENT TAX AND 7% SERVICE CHARGE

starters and sharing

SPRING ROLLS (VEGETARIAN)	46
THandmade with seasonal vegetables from our gardens, served homemade sweet chili sauce (*raw spring rolls available on request 40k)	with
EGGPLANT BARTHA (VEGETARIAN)	65
North Indian spiced roasted eggplant, folded paratha bread, feta $\&$ homemade smoked tomato sauce	
THAI CHICKEN WINGS	86
Locally sourced, with our sweet sticky thai marinade, coriander & sesame seeds	
THAI CAULIFLOWER 'WINGS' (VEGETARIAN)	76
Crispy cauliflower florets with our thai sweet sticky sauce, coriander & sesame seeds	
TACO BOARD	110
Three marinated chicken tacos on soft flour tortillas, with mango salsa, lettuce greens, and chimichurri sauce (*vegan tempeh tacos available 90k)	
CHEESE FONDUE (VEGETARIAN)	160
White wine fondue cheese, served with homemade breads, baked	potate

MEZZE PLATTER (VEGETARIAN) 130

Great for sharing. Eggplant dip, hummus, feta, olives, carrot & cucumber sticks, served with pita breads & cassava crisps

soup and dahl

wedges and seasonal vegetables

soup and dam	
MOMMAS DAHL (VEGETARIAN/VEGAN/GF)	75
Traditional Indian spiced red lentil dahl, vegetables and coconut cream *served with toasted pita bread (vegetarian) or rice (vegan/GF)	
ROASTED TOMATO SOUP (VEGETARIAN/VEGAN/GF)	65
Slow roasted tomato soup with extra virgin olive oil, served with homemade bread (vegetarian) or rice (vegan/GF)	:h

65

A silky smooth and rich pumpkin soup, served with homemade bread (vegetarian) or rice (vegan/GF) $\,$

PUMPKIN SOUP (VEGETARIAN/VEGAN/GF)

mains

75 FALAFEL WRAP OR PITA (VEGETARIAN) Homemade crispy vegan falafel, cucumber, tomato, parsley tahini, served with potato wedges and your choice of tortilla wrap or pita pocket BOTANIST BOWL (VEGAN / GF) 80 Seasonal veggies, marinated tempeh, tahini sauce and red rice Add grilled chicken or fish +25 MALDIVIAN CURRY (VEGAN / GF) 75 Raw seasonal veggies cooked in a creamy coconut sauce, served Add grilled chicken or fish +25 PESTO PASTA (VEGAN) 75 Homemade vegan basil pesto, vegan parmesan *gluten free pasta available on request VEGE BOLOGNESE (VEGAN) 80 Vegan lentil balls, slow cooked mediterranean vegetables, and spaghetti topped with vegan parmesan cheese *gluten free pasta available on request NASI / MIE GORENG (VEGETARIAN) 60 Fried rice or noodles, vegetables, fried egg & crackers \mbox{Add} grilled chicken or fish +25CHICKEN CAESAR SALAD 80 Grilled chicken, baby romaine lettuce, anchovies, parmesan cheese, soft boiled egg, croutons, cashew nuts, caesar dressing MAC & CHEESE 70 Our signature macaroni & cheese, topped with crispy bacon $\star \text{vegan}$ option available, served with coconut bacon **CANADIAN PIE** 130 Traditional homemade pork meat pie, served with baked potato wedges & side salad **CAJUN CHICKEN BURGER** 110 Cajun spiced chicken breast, cheddar cheese, lettuce, tomato and mayo on a toasted bun, served with wedges & slaw **BEEF AND BACON BURGER** 120 Premium beef patty 200g, topped with coconut sugar caramelised onions, crispy bacon, cheddar cheese, lettuce and BBQ sauce on a freshly baked bun, and served with wedges

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pizza

MARGHERITA (VEGETARIAN)

OUR SOURDOUGH PIZZA BASES & TOMATO SAUCE ARE HOMEMADE DAILY USING FRESH INGREDIENTS. VEGAN PARMESAN CHEESE ALTERNATIVE AVAILABLE.

75

Mozzarella, tomato sauce, fresh basil	
TARTUFINA (VEGETARIAN)	110
Egg, mushroom, truffle oil, parmesan, tomato sauce	
PEPPERONI	95
Locally made pepperoni, mozzarella, tomato sauce, oregano	
MEDITERRANEAN (VEGETARIAN)	85
Slow roasted Mediterranean vegetables, mozzarella, tomato sauce	
NAPOLI	100
Anchovies, capers, garlic, oregano, mozzarella tomato sauce	
BBQ CHICKEN	100
Grilled marinated chicken, capsicum, mozzarella, barbecue sauce	=
PASSION TRUFFLE (VEGAN / GF) Raw cacao, cacao butter, mixed nuts, ginger, sea salt	30
CHOCOLATE & NUT BAR (VEGAN / GF)	40
Almond, hazelnut, cashew butter, raw cacao, coconut oil, coconut sugar	
BANANA BREAD (VEGETARIAN) GF	50
Freshly baked banana bread, vegan salted caramel sauce	
IBU'S ZUCCHINI MUFFIN (VEGETARIAN) GF	35
Mom's freshly baked chocolate chip zucchini muffin	
OATMEAL COOKIE (VEGETARIAN)	30
baked oatmeal & dried fruit cookie	
PISANG GORENG (VEGETARIAN)	60
Crispy deep fried banana batter, topped with cinamon sugar and served with palm nectar	
CHOCOLATE FONDUE (VEGETARIAN)	120

Rich melted chocolate, served with seasonal fruits and great

for sharing

refreshers

ROSELLA LEMONADE	35	ESPRESSO
Homemade lemonade, rosella, lime, cinnamon, coconut sugar		AMERICANO
MARKICA COLLACII	35	CAPPUCCINO / FLAT WHITE / LATTE
MARKISA SQUASH Tonic water fresh erende juice pessionfruit		BULLETPROOF COFFEE
Tonic water, fresh orange juice, passionfruit		MCT Oil, ghee, shot of espresso
BLACK LEMONADE	35	Bali Kopi
Activated charcoal ice cubes, pandan leaf, lemongrass, mint,	kafir	1 1 1 . 1 .
WHOLE YOUNG COCONUT	35	hot drinks
		GOLDEN MILK
cold press juice		Turmeric, ginger, cinnamon, coconut oil, black pepper, dates, and spices
SUNNY MORNING	39	CHAI LATTE
Pineapple, mint, spinach, cilantro, cucumber, ginger, coconut		Spicy homemade chai blend
Tiloappie, milit, Spinash, Silahilo, Sasambel, Singel, Soconat		MATCHA LATTE
IMMUNITY BOOST	39	Organic matcha, honey
Carrot, orange, turmeric, ginger, white pepper		HOT CHOCOLATE
RED LIPS	39	Cacao and coconut sugar
Beetroot, apple, fennel, strawberry, ginger, mint		RAW SPICY CACAO
GREEN POWER	39	Raw cacao, cacao butter, ginger and spices
Cucumber, celery, apple, spirulina, parsley, mint, moringa, coconut water		herbal tea
superfood smoothies	,	ISLAND OF THE GODS IS OUR LOCAL TEA PRODUCTION PROJECT. ALL OF OUR TEAS ARE GROWN ORGANICALLY USING PERMACULTURE PRINCIPLES ON OUR LANDS, WITH COMMUNITY EMPOWERMENT IN MIND.
HAVINA MATATA (VECAN)	45	SOOTHING CALMS THE BODY & MIND
HAKUNA MATATA (VEGAN) Papaya, orange, strawberry, cardamom, ginger, maca	- 45	Sage, mint, pandan, lemon, calendula, rose, lemongrass
Tapaya, ozange, ozzanoszy, cazdamom, gzngez, maca		DETOX METABOLISM BOOST. REDUCE CRAVINGS & FLUSH TOXINS
MATCHAHARI (VEGAN)	45	Green tea, moringa, mint, avocado leaf, mangosteen, lemon
Matcha, banana, spinach, chia, vanilla		DDATH BOOST
CACAO BLISS (VEGAN)	45	BRAIN BOOST FIGHTS FATIGUE & ANXIETY, IMPROVES MEMORY Green tea, gotu kola, lemon, rosella, sage
Banana, dates, raw cacao, cacao nibs, chia seeds		dieen tea, gotu kota, lemon, losella, sage
MANGO MADNESS (VEGAN)	45	CALMING INDUCES A CALM FEELING, PERFECT FOR UNWINDING
Mango, strawberry, papaya, coconut water, maca root, chia see		Pandan, avocado leaf, soursop, clove, cinnamon, orange
		IMMUNITY SUPPORTS IMMUNE SYSTEM FUNCTION
		Star anise, ginger, licorice, lemongrass, moringa, clove, mangosteen, lemon
soft drinhs & beer		DIGESTIVE SUPPORTS GUT HEALTH

coffee

*DECAF COFFEE AVAILABLE ON REQUEST

39

39

39

39

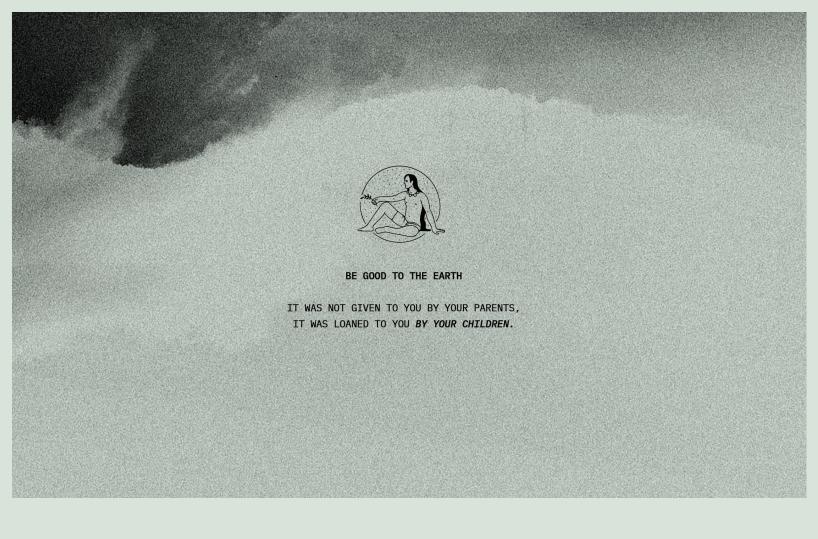
ESPRESSO	35
AMERICANO	35
CAPPUCCINO / FLAT WHITE / LATTE	40
BULLETPROOF COFFEE	55
MCT Oil, ghee, shot of espresso	
Bali Kopi	15
hot drinks	
GOLDEN MILK	40
Turmeric, ginger, cinnamon, coconut oil, black pepper, dates, and spices	
CHAI LATTE	35
Spicy homemade chai blend	
MATCHA LATTE	44
Organic matcha, honey	
HOT CHOCOLATE	34
Cacao and coconut sugar	
RAW SPICY CACAO	54
Raw cacao, cacao butter, ginger and spices	
herbal tea	
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SOOTHING CALMS THE BODY & MIND	39
Sage, mint, pandan, lemon, calendula, rose, lemongrass	
DETOX METABOLISM BOOST. REDUCE CRAVINGS & FLUSH TOXINS	39

COKE, SODA, TONIC, GINGER, SPRITE	25
KURA KURA PALE ALE	80
KURA KURA LARGER	80
BTNTANG	S:40 1:80

Papaya leaf, mint, ginger, licorice, lemongrass, turmeric, lemon

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red wine

GLASS / CARAFE / BOTTLE

/ 975

rose wine

Bedugal, Bali. 2020. Moscato

Bottega Gold Sparkling /600k

Veneto, Italy. Prosecco

ISOLA

SPARKLING

GLASS / CARAFE / BOTTLE

90 /170 / 329

/600k

ISOLA 90 /170 / 329 BedugUl, Bali. 2020. Malvasia Nera & Syrah CASTILLO DE MAGNIA TINTO 110 / 240 / 460 Castillo de Magnia, Spain. Tempranillo LA VIGNE DI SAMMARCO 130 / 310 / 600 Puglia, Italy. 2018. Primitivo Di Manduria TIERRA DEL FUEGO RESERVE 150 / 320 / 660 Chile, 2019. Cabernet Sauvignon FINCA LAS PALMAS GRAND RESERVA / 700 Mendoza, Argentina. 2016. Malbec CHÂTEAU DU HAUT PIQUAT / 850 Beetroot, apple, fennel, strawberry, ginger, mint

white wine

PLEASE NOTE;

ALTANZA RESERVA RIOJA

Rioja, Spain. Tempranillo

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house wine

HATTEN	RED	80	/	150	/
HATTEN	WHITE	80	/	150	/